



# Lake Tapps Elementary School News

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‘Educating Every Child for Confidence Today  
and Contribution Tomorrow’  
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**Tomorrow and Monday ~ No School ~ Teacher In-Service  
Book Fair @ DHES October 19-23 ~ Carnival 10/23 5-8 pm  
Conferences ~ October 29 ~ No School for Students**

## Alternative Birthday Treats

Lake Tapps Elementary is working very hard to create a healthy environment for students. As a result, the Dieringer School District Board members have a strong commitment to only providing access to nutritional treats. We know how important it is to recognize birthdays at this young age and we want to celebrate their growth. We are asking that if you choose to bring a treat to school, make it a healthy choice. Here is a list of possible alternatives to sugary treats (did you know that sugar has been proven to reduce the immune system, making people more susceptible to illness?):

- Fruits and vegetables with low fat dip
- Trail mix
- Animal Crackers
- Sunflower Seeds
- Fruit Popsicles
- Healthy Grains (crackers) and cheese
- Popcorn
- Rice Cakes, pretzels, breadsticks
- Pencils, eraser tops
- Donate a book to the classroom

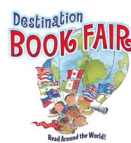
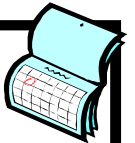
Teachers have been instructed to not accept sugary treats of any kind, so please make sure that if you choose to celebrate by bringing something to share, it is a healthy choice for all.

**Summer Reading:** Last week we mentioned all the students who read and turned in their summer reading sheet. Trey Marler was left off the list. Way to go Trey and congratulations again to all summer readers!

## Mark your calendar...

### October

- Oct. 9 State Inservice Day - **No School**
- Oct. 12 Teacher Inservice Day - **No School**
- Oct. 13 Hearing and Vision Screening
- Oct. 13 PTA Meeting at DHES 6:00
- Oct. 19 PTA presents “Love & Logic” series 6-7:30 at DHES
- Oct. 21 Midterm
- Oct. 22 RAH Lunch
- Oct. 23 PTA Carnival at DHES 5-8:00
- Oct. 26 PTA presents “Love & Logic” series 6-7:30 at DHES
- Oct. 26 School Board Meeting 7:00
- Oct. 27 Picture Retakes
- Oct. 28 Field Trip - Mrs. Stewart
- Oct. 28 Field Trip - Milliren, Carr, Conwell, Purdy, and Romano
- Oct. 29 Conferences - **No School**
- Oct. 30 Field Trip - Brand, Stanton, and Yardley



## PTA Book Fair at DHES

**October 19-23**

Monday - Friday 8:30 – 4:00 and open during  
Fall Carnival October 23<sup>rd</sup> 5:00 – 8:00 pm

Books take you places near and far...  
Please come and enjoy the wonderful world of reading at our Scholastic Book Fair. There will be a large selection of books for all ages. All profits will support the libraries and classrooms at both schools.

## YMCA DAYCARE HAS OPENINGS

There are immediate openings for the Y daycare on our campus. You can enroll for as low as \$190.00/month and financial scholarships are available. Please contact the Y for more information at [www.ymcatacoma.org](http://www.ymcatacoma.org) or 253-534-7832. Chad Cray is the manager for this program.